



Football & Me – My Football Progress Tracker

For Kids & Parents

Track your football journey with this simple progress tracker. Fill it out regularly together with your parent or coach to see how you are growing and improving!

Skill Development Tracker

Date	Skill	Coach's Feedback	Parent's Comment	Self-Assessment (1-5)

My Goals

Short-Term Goals (Next 1–2 Months):

Long-Term Goals (Next 6–12 Months):

Motivation & Reflections

Why I love football:

Something new I learned recently:

What I want to improve next:
